



# RNC Newsletter Summer 2008



*Get involved with the only Neighbourhood Centre in the village!*

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Howard Hillam**Community Development**  
Lisa Smajlov**Groups & Arts Access**  
Sue Johnston  
Keeley Ray  
Lara Thoms**FRALAP**  
Carol Taylor**Neighbour Aid**  
Barrie Styles**Office Admin/Reception**  
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## Ever After Theatre are working on adoration

Ever After Theatre Company presented an open rehearsal of their latest project '*Coming Up in Adoration*' to packed house on 2nd December at Rozelle Neighbourhood Centre. The showing was part of the International Day of People with a Disability celebration.

This innovative new theatre work is devised by 13 young people who happen to have an intellectual disability, and explores themes of fear, identities, change and achievement. The work is being created by each of the individuals within the group through writing, improvisation and art work.

This particular project has been supported by the Ian Potter Foundation. Part of the actors development is workshops with professional artists to develop specific skills. This term, voice tutor Ashley Dyer has been working with the artists to build their vocal range and confidence. Workshop attendees have had a fantastic time, watching their own ideas and



*Actors - Rodrigo Salinas, Emma Plant, Thomas Maxwell*

improvisations get turned into exercises for the whole group.

In mid 2009 we will present a project in a professional theatre, for a short season. This will be a fantastic development for the Ever After Theatre Company to be seen and heard by a wide audience. We thank our theatre supporters, Swiss Re and also the Ian Potter Foundation and our director, support worker, volunteers, families, friends and carers who are helping see this project come to fruition.



### MAGIC WORKSHOP

Thursday 15 January 2009  
2.30pm-4.30pm

**Workshop  
only \$15**

Come join in a magical 2 hour workshop  
Learn the art of magic secrets!

*Are you brave enough to be  
Manik's Jones apprentice?*



### PLAYGROUP ROZELLE RASCALS

Thursdays 10am to 12pm  
Playgroup restarts 15 January 2009

Do you have a child between 0 & 5?

Would you like to make new friends?

*Come drop in to our playgroup  
- learning through play!*

### UPCOMING EVENTS

@ Rozelle Neighbourhood Centre  
665a Darling Street, Rozelle

Phone 9555 8988 or email officeadmin@rnc.ngo.org.au



### EARTH BEATS MUSIC WORKSHOP

Wednesday 21 January 2009

9.30am  
1-5years

10.30am  
3-7years

11.30am  
5-12 years

Enter into an interactive world of  
music, drums, percussion and fun!

**Workshop  
only \$5**

### ROZELLE NEIGHBOURHOOD CENTRE

Wednesday 24th December 08  
until Monday 12th January 09

All RNC Management and its staff  
wish you a very

*Happy & Safe Festive Season*

**See you in 2009!**



## Leisure Options

Creative classes for people with all levels of disabilities. Leisure Options is a program run under the "Groups and Arts Access" banner at Rozelle Neighbourhood Centre.

Leisure Options is an ongoing project consisting of music, drama and creative arts classes for adults who live in the Inner West, who have an intellectual disability and for volunteers from the local community who would like to get involved in helping out with a creative evening class.

Program goals include facilitating access to leisure activities, exploring creativity, working as a team and most importantly having loads of fun. All the classes are tutored by arts professionals and supported by a care worker and volunteers from the community.

On Monday 1st December participants held an end of year performance which explored both visually and musically the theme "The Sounds of Music".



Each performance radiated with joy and enthusiasm as participants invited their friends and family to enter into their unique world. It was a wonderful celebration of the end to the Leisure Options year at the centre.

Thank you to our tutors Caroline Downs, Sarah De Jong and Meredith Lucy, support worker Caroline Thompson and volunteer Mathew Hycyk for their dedication over the year.

This year the Leisure Options creative arts class also contributed some of their visual art to the Bloomin' Arts exhibition which was held at Boomalli Gallery.



Leisure Options is always on the lookout for interested volunteers to assist by: joining in and enjoying the classes with clients or volunteers who would like to participate in photographing or filming the classes for documentation purposes or; helping the centre events with our 2 big parties every year.

If you are interested in joining the classes which begin in February 2009, either as a participant or volunteer, please contact:

Sue Johnston on :9555 8988 (Ext 2) or send an email to [leisure@rnc.ngo.org.au](mailto:leisure@rnc.ngo.org.au)

## Weekend Respite & Recreation Program (WERRP)



Do you enjoy going to art workshops, the movies, karaoke, bowling, museums and festivals? Would you like to join us at WERRP?

WERRP program is aimed for people aged 13+ living at home with intellectual disabilities and their families.

Each Saturday clients meet at Rozelle Neighbourhood Centre with a team leader, support workers and several volunteers to participate in centre based activities or outings.

A Recent WERRP activity was the Bloomin' Arts at Boomalli Art Gallery which celebrated International Day of People with a Disability.



Would you like to become a WERRP participant please phone Sue Johnston on 9555 8988 (Ext 2) or email [leisure@rnc.ngo.org.au](mailto:leisure@rnc.ngo.org.au). Interested in volunteering? WERRP volunteers receive regular support, training workshops and also have fun. Contact Keeley Ray on 9555 8988 (Ext 3) or via email [werrp@rnc.ngo.org.au](mailto:werrp@rnc.ngo.org.au).

## Family Respite And Leisure Access Program

FRALAP is funded by the NSW Department of Ageing Disability & Home Care, it arranges respite for the primary carers of people with a moderate to severe intellectual and physical disability.

FRALAP's aims are two fold. It facilitates respite for primary carers, allowing them to spend time with other members of the family and/or undertake activities for themselves.

The person with a disability may be between the ages of 0-65 and must reside in the Inner West area. This program is available through a DADHC referral. For more information on this program please contact Carol on 9555 8988 (Ext 5) or email [respite@rnc.ngo.org.au](mailto:respite@rnc.ngo.org.au).

## Rozelle Neighbour Aid

Rozelle Neighbour Aid recruits, trains and matches local volunteers to isolated and frail aged people as well as people with disabilities. It enables members of the community to remain in their own homes by providing care and support.

Funded by HACC (Home and Community Care) Neighbour Aid matches volunteers to clients providing home visiting and support service for frail aged and younger people with disabilities and their carers living in the Leichhardt local government area. Currently the program supports 35 clients and over 40 volunteers.

If you are interested in waiting list or volunteer info phone Barrie Styles on 9555 8988 (Ext 1) or email [na@rnc.ngo.org.au](mailto:na@rnc.ngo.org.au)

## Community Carer's Team (CCT)

The Community Carers Team is a self funding, fee based service providing support and care to a range of clients in terms of age, disability and background. CCT cares for children and adults with a physical or intellectual disability, older people, including clients with dementia, and people with mental health issues. Our service also cares for carers.

Client satisfaction and quality care are our priority. We are skilled at matching clients to our professional support workers who are experienced and qualified. Safety of both clients and staff is always foremost in our provision of care. CCT operates 7 days a week, daytime, evenings and nights, one off or ongoing care and in or away from your home or in the community.

There is a fee for service, for hourly rates please contact Howard 9555 8988 (Ext 6) or via email [project@rnc.ngo.org.au](mailto:project@rnc.ngo.org.au). If you are a support worker please contact the centre as we are always looking for experienced staff.

## Venue Hire

Venue rooms at Rozelle Neighbourhood Centre all have disability ramp access and rates are offered on a community or tutor basis. Venue can be hired for one off or regular activities by community hobby groups or training sessions as well as business groups.

### Main Hall

Holds up to 90 people, polished wooden floors, high ceilings, stage, washroom, tables and chairs, white board.

### Garden Room

Holds up to 30 people, partly carpeted, kitchen, toilet/washroom, tables and chairs, whiteboard.

### Meeting Room

Holds up to 15 people, carpeted, kitchen, tables, chairs, whiteboard and toilet.



Unfortunately RNC is unable to hire our space for private party functions. While on the premises, all hirers must abide by terms and conditions of non smoking, no drugs and alcohol and no nuts or nut products.

Groups must also provide Certificate of Public Liability Insurance copy to confirm their hire.

Rozelle Neighbourhood Centre is a not for profit organisation all venue hire revenue: assists with cleaning and maintenance and enables the centre to deliver activities and programs to the community

For information on venue availability and rates please contact Lisa on 955 8988 (Ext 7) on Tuesdays, Wednesdays and Thursdays or email [community@rnc.ngo.org.au](mailto:community@rnc.ngo.org.au)

## Bloomin Arts

This year was the 3rd year of Bloomin Arts presented by the Inner West Disability Network in partnership with Boomalli Artist Cooperative celebrating International Day of People with a DisABILITY.



*The Sydney Street Choir*

At the launch artists, friends and community members all enjoyed the celebratory atmosphere set by The Sydney Street Choir, didgerdoo music, guest Gayle Kennedy and official opening by Mayor Jamie Parker.

With approximately 10% of the population living with a disability, the Bloomin Arts Exhibition offered the artists the chance to celebrate these abilities with over 100 artworks displayed to the broader community.

## White Ribbon Day

White Ribbon Day is an initiative of UNIFEM Australia to show violence against women and girls is never OK.

In a community development project RNC approached Rozelle Public School to see if the aims of the campaign to change behaviours and attitudes of men and boys would be a project to compliment the schools education philosophy.

The Student Representative Council (SRC) decided White Ribbon was a campaign they wanted to be a part of. Not only did SRC raise \$256 by selling 128 ribbons and wrist bands. The SRC also increased local awareness on the importance of not being violent and for the community as a whole to not remain silent.



*SRC Rozelle Public School*

## Thank you



Management of APN Outdoor Advertising for donating a brand new stove as well as stereo entertainment equipment which will assist the centre to deliver community events in 2009.



Healthy Eating for Older People (HOPE) and its committee for donating Xmas Harbour Cruise raffle \$323. Proceeds will be used to begin book club, art and wrapped with love groups next year on Thursday afternoons at RNC.

Thank you also to all our sponsors, partners, supporters and participants of Rozelle Neighbourhood Centre.

You have all made 2008 a wonderful year for clients and participants and we look forward to seeing you again at RNC in 2009!

## GET INVOLVED AT OUR NEIGHBOURHOOD CENTRE!

- Visit us at 665a Darling Street, Rozelle
- Come along to a mediation, yoga, dancing, join in a U3A discussion, children's music activities or playgroup activities
- Start a community group using the centre venue spaces
- Join our circulation list for upcoming events
- Volunteer with Weekend Respite & Recreation Program Leisure Options or Neighbour Aid
- Join our membership
- Check out our website at [www.rozellecentre.org.au](http://www.rozellecentre.org.au)

## DONATIONS WELCOMED ROZELLE NEIGHBOURHOOD CENTRE INC

Name:

Address:

Email:

*Thank you as a registered charity  
All donations \$2 and over and are Tax Deductible*

## WHATS ON @ ROZELLE NEIGHBOURHOOD CENTRE CALENDAR OF REGULAR ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Occasional Child Care</b> Garden Room 8.30am-3.30pm (Mon & Tue only) Sharon - 9555 7401	<b>Occasional Child Care</b> Garden Room 8.30am-3.30pm (Mon & Tue only) Sharon - 9555 7401	<b>University Third Age (U3A)</b> Meeting Room 10.30am-12.00pm (Alternate weeks) Ann - 9810 3358	<b>Playgroup Rozelle Rascals</b> Garden Room 10.00am-12.00pm Lisa - 9555 8988	<b>Hatha Yoga</b> Garden Room 10.00am-11.30am Karen- 0402 118 544	<b>WERRP</b> Main Hall 9.00am-4.30pm Sue- 9555 8988	<b>Gamblers Anon</b> Garden Room 6.00pm-7.30pm Just turn up
<b>Leisure Options</b> Main Hall 5.30pm-9.00pm Sue - 9555 8988	<b>Ever After Theatre</b> Main Hall 5.00pm-6.30pm Lara - 9555 8988	<b>Earth Beats Music</b> Garden Room 9.30-10.15am (1-2yr) 10.30-11.15am (2-3yr) 11.30-12.15am (2-5yr) Susie-9797 7525 or 0410 506 304		<b>Sedenka Dance</b> Main Hall 8.00pm-11.00pm Chris - 9560 2910	<b>Hatha Yoga</b> Garden Room 9.00am-10.30am 10.30am-12.00pm Karen-0402 118 544	
Dance Music Play Theatre Yoga Respite Art Discussions Support	<b>Leisure Options</b> Main Hall 6.00pm-9.00pm Sue- 9555 8988		Check out the calendar of regular events above Are you looking for a new activity to start of 2009!  Or do you have an idea for a group activity? but don't have a location to hold it?  Contact Lisa on 9555 8988 (ext 7) or email <a href="mailto:community@rnc.ngo.org.au">community@rnc.ngo.org.au</a>			
	<b>Albion Fair Dancing</b> Garden Room 8.00am-9.00pm (1st, 3rd, 5th weeks) Beth - 9665 9038					

*Is gambling affecting your life?*

If you need support

**Gamblers Anonymous**

Rozelle Neighbourhood Centre  
665a Darling St. Rozelle

Garden Room  
(located down the side driveway)

**Every Sunday**

6pm to 7.30pm

**COMMUNITY  
ADVERTISEMENT**



*Want to reach your  
local community?*

Only \$55 per newsletter edition

RNC newsletter can help your  
business reach over 3,000 clients

- Local schools, business and residence distribution
- Website presence included

**Special offer only \$165  
4 advertisements - 1 for free!**

To book your space phone 9555 8988  
or email: [community@rnc.ngo.org.au](mailto:community@rnc.ngo.org.au)

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*Want to meet new people?  
Enjoy topical discussions  
about the world we live in?*



U3A discussion group  
10:30am-12:30pm  
Alternate Wednesdays

at Rozelle Neighbourhood Centre  
665a Darling St, Rozelle

**Call Anne on 9810 3358**